

# Lairg Magazine

We would like to introduce the weekly magazine to help the community keep their spirits high during the difficult time that is Coronavirus. The magazine will include local stories, recipes, crafts for kids, a quiz, old photographs of local people and a Movie/Book review. We are very much open to ideas and suggestions, so please get in touch by emailing [projectofficer@lairginitiative.co.uk](mailto:projectofficer@lairginitiative.co.uk). Phone for Chair and Vice Chair Kaye: 07500453301. Norman: 07742025719 or write to us at Schoolhouse, Main Street, Lairg, IV27 4DD

## Useful Numbers

**NHS 24** 111

**Police Scotland** 101

**COVID-19 helpline for Scottish businesses** 0300 303 0660

**COVID-19 NHS advice helpline** 0800 028 2816

**Citizens Advice Bureau** 01408 635218

**NHS The Health Centre, Lairg** 01549 402007

**Electricity Power Cuts** 105

**Scottish Water 24Hr Emergency** 0845 600 8855

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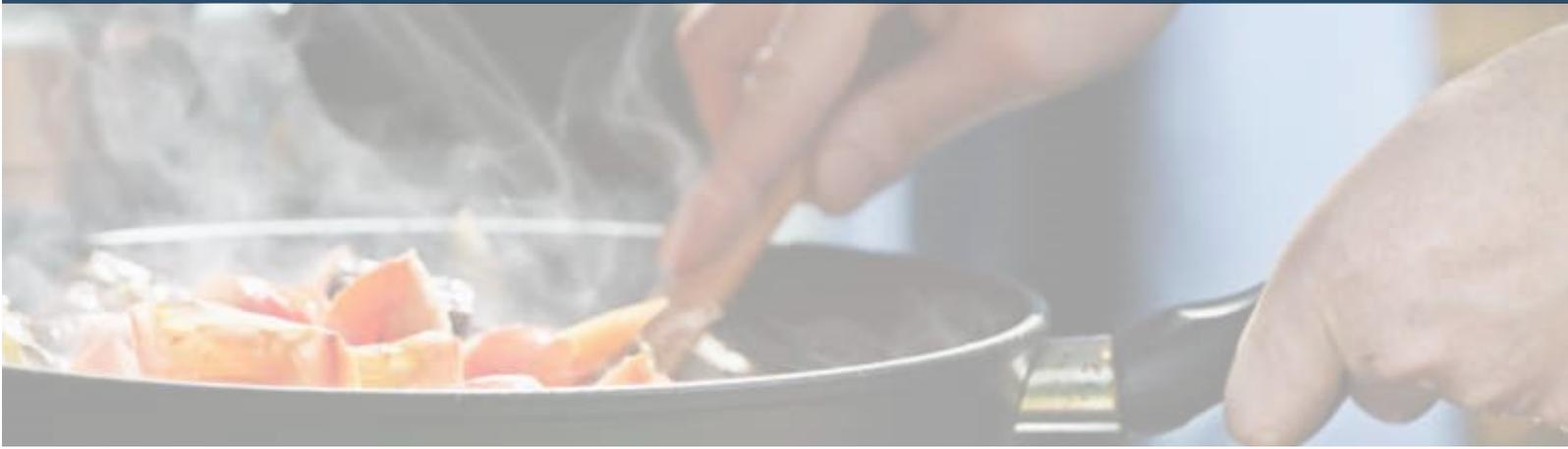
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We understand that in times like these, feeding yourself or your family may become a worry. LDCI have decided to include an affordable recipe each week in the magazine to help you. Our aim is to include recipes where people are likely to have the ingredients at home - without having to go out and buy. The recipes will be super easy and we encourage you to get the kids involved. That way, they are learning how to cook and will enjoy doing it with you.

If you have any recipes you'd like to share, please email Jodie at

[projectofficer@lairginitiative.co.uk](mailto:projectofficer@lairginitiative.co.uk). or write to us at Schoolhouse, Main Street, Lairg, IV27 4DD

## Sausage Casserole

Serves 4

**8 Sausages £1.50**

**1 Onion £0.16p (Chopped)**

**1 Tin carrots £0.55**

**Handful of frozen peas £0.20**

**Gravy £0.60**

**Salt and pepper to taste.**

**Total cost: £3.01**

- Fry sausages (enough to colour)
- Lightly fry onions with the sausages.
- Transfer into an oven proof dish. Add carrots and peas.
- Make 1 pint of gravy as per instructions on the packet and pour over the sausages.
- Cook in the oven at 180/fan160/gas4. For approx. 1 hour.

**Affordable  
Meal of the  
Week!**

# LDCI Quiz

1. What colour are New York cabs?
2. What is Entomology the study of?
3. What is the capital of the America state California?
4. Who wrote the book Around the world in 80 days?
5. What strange occurrence was reported in the Inverness Courier in 1933?
6. In Greek mythology who was the ruler of all the other gods?
7. What spirit is used in the cocktail A Screwdriver?
8. Rylan Clark-Neal presents Ready Steady Cook now but who was the first presenter?
9. Who was the Austrian composer born 1756 - 1791 who wrote The Marriage of Figaro and Don Giovanni?
10. Whose forces defeated the army of Edward 1 at Stirling Bridge?
11. In which year did the evacuation of St Kilda take place?
12. How many noble gases are there?
13. What is the most common blood type?
14. Which planet in our solar system is nearest to the sun?
15. Finish the saying "Lucky at cards"?
16. What is the oldest university in Britain?
17. Which of these was not a Pope - Urban II, Innocent III, Pius IX, or Constant II?
18. Who is the current question mistress on the TV series "QI"?
19. Who is the patron saint of tax collectors?
20. What is the only mammal with 4 knees?

**The Stranger by Harlan Coben**

The Stranger has recently been made into a Netflix drama, starring Richard Armitage, Jennifer Saunders, Paul Kaye and Dervla Kirwan, but I read the book before the hype began. I loved the fast paced story, which had enough twists and turns to keep me entertained. I can see why it would make a good TV show as I struggled to put the book down!

Our hero is Adam, a New Jersey lawyer who has been happily married for 18 years and has two sons. He is living the American dream until a stranger approaches him in a bar and reveals a devastating secret about his wife. The stranger tells him where to look for the evidence, to back up the unlikely claim, and Adam is shocked at what he finds. When he eventually confronts his wife, she asks to meet in a restaurant but doesn't turn up. When she texts, she asks for space and then disappears, leaving him to pick up the pieces. Knowing the police won't help him, he starts his own search for his wife and it soon becomes apparent that he really doesn't know his wife at all.

'The Stranger' is busy though, visiting more victims and turning their lives upside down as a variety of secrets are exposed. Adam is relentless though, travelling a dangerous path to find out who the stranger is and why these secrets are being revealed.

The plot involves murder, blackmail, stolen money, corrupt police and so much more, culminating in the clever merging of the different storylines at the finale. There were some good twists and I loved the premise of 'The Stranger' turning up, out of the blue, revealing secrets about loved ones. Some might argue that the plot is a bit implausible, but the story was so fast-paced that I was completely immersed in the action and desperate to know what was going on. It was a real page-turner, with an ending that I didn't guess which made it even more enjoyable.

If you like mysteries and suspense thrillers, then I'd recommend trying a Harlan Coben book. With over 60 million books in print worldwide, and his last seven consecutive novels topping the New York Times bestseller list, he must be doing something right. I'm off now to find another one to read!

*Review by Jane Dixon*

If you would like to send in a book/film review please get in touch at [projectofficer@lairinitiative.co.uk](mailto:projectofficer@lairinitiative.co.uk) or write to us at Schoolhouse, Main Street, Lairg, IV27 4DD

1. Yellow
2. Insects
3. Sacramento
4. Jules Verne
5. The sighting of Loch Ness Monster
6. Zeus
7. Vodka
8. Fern Britton
9. Wolfgang Amadeus Mozart
10. William Wallace
11. 1930
12. 6
13. O (O positive)
14. Mercury
15. Unlucky in love
16. Oxford
17. Constant II
18. Sandi Toksvig
19. St Matthew
20. Elephant

### How did you do?

1-5/20

Poor

5-10/20

Okay

10-15/20

Good

15-20/20

Excellent

After being given a photo album containing a mixture of photographs of events in Lairg, we would like your help with naming the people in the photos and possibly being able to tell us what year they were taken. Please email

[projectofficer@lairinitiative.co.uk](mailto:projectofficer@lairinitiative.co.uk) or write Phone for or write to us at Schoolhouse, Main Street, Lairg, IV27 4DD





The Wee Hoose - also known as Broons Hoose - was featured on an episode of Grand Tours of Scotland's Lochs. The episode begins with Paul Morton telling a story about the 'Wee Hoose'. Viewers were told that it was built on Loch Shin near Lairg in 1824 by Jock Broon who was gifted land by a local laird in return for being taught how to distil whisky. Paul Morton explains that Broon built the 'wee hoose' to mark his new status as a

landowner but died shortly afterwards when he shot himself in the foot while out hunting. However, as locals know, Broons Hoose was built only 20 years ago as a float for the Lairg Gala. The tale is well recorded in the village with an interpretation board at the lochside detailing the life story of Jock. Whatever the story of Broons Hoose, it remains a much treasured feature in Lairg.

Thank you for reading the first issue of the Lairg Magazine, we hope you enjoyed it! If you have any suggestions, or would like to be involved—please get in contact with Jodie at [projectofficer@lairginitiative.co.uk](mailto:projectofficer@lairginitiative.co.uk). or write to us at Schoolhouse, Main Street, Lairg, IV27 4DD



# 100+ INDOOR ACTIVITIES

## CRAFTS

MAKE PAPER AIRPLANES  
 SALT PAINTING  
 MAKE SUNCATCHERS  
 MAKE SALT DOUGH  
 MAKE SPONGE STAMPS  
 MAKE A CEREAL BOX AQUARIUM  
 MAKE SCRATCH ART  
 MAKE YOUR OWN BOOKMARKS  
 PAINT PET ROCKS  
 MAKE RECYCLED CRAYONS  
 MAKE PAPER BOATS  
 FINGER PAINT  
 MAKE FRIENDSHIP BRACELETS  
 MAKE A BIRD FEEDER  
 MAKE PAPER BAG PUPPETS  
 MAKE HANDPRINT ART  
 MAKE A SCRAPBOOK  
 DECORATE T-SHIRTS  
 MAKE A THANKFUL JAR  
 PAINT LEAVES  
 MAKE A TIME CAPSULE  
 MAKE BUTTON ART  
 PAINT WITH WATERCOLORS  
 COLOR IN A COLORING BOOK  
 MAKE PAPER CRAFTS  
 BUILD A CARDBOARD CASTLE  
 MAKE TISSUE BOX MONSTERS  
 MAKE A TOILET PAPER ROLL  
 BUTTERFLY  
 STAMP WITH CELERY  
 MAKE CHALK ICE  
 MAKE PUFFY SIDEWALK PAINT  
 DRAW A SELF PORTRAIT  
 USE RUBBER STAMPS  
 DO SCRAPE PAINTING  
 PAINT A RECYCLED JAR  
 MAKE SUPERHERO COSTUMES

## ACTIVITIES

MAKE PLAYDOUGH  
 MAKE SLIME  
 MAKE PLAY MUD  
 MAKE RAINBOW RICE  
 MAKE FAKE SNOW  
 MAKE A SENSORY BIN  
 MAKE A SENSORY BAG  
 BUILD A FORT  
 HAVE A PILLOW FIGHT  
 WRITE A STORY  
 MAKE ICE CREAM IN A BAG  
 MAKE GUMMY BEARS  
 MAKE FRUIT ROLL-UPS  
 HAVE A MOVIE DAY  
 PUT ON A FASHION SHOW  
 BAKE CUPCAKES OR MUFFINS  
 DO YOGA  
 BUILD AN OBSTACLE COURSE  
 MAKE DINNER TOGETHER  
 PLAY WITH MAGNETIC TILES  
 BUILD SOMETHING WITH LEGO  
 USE DOT MARKERS  
 BUILD A STACK OF CARDS  
 PUT ON A PUPPET SHOW  
 MAKE A TREASURE HUNT  
 INDOOR BOWLING  
 LEARN TO DRAW  
 PUT ON A PLAY  
 MAKE INDOOR HOPSCOTCH  
 DO A FAMILY CHORE TOGETHER  
 HAVE A DANCE PARTY  
 HAVE A TEA PARTY  
 PLAY WITH WATER IN A BIN  
 SET UP A PLAY STORE  
 MAKE A SOCK TOSS GAME  
 MAKE PERLER BEAD ART  
 WRITE IN A JOURNAL

## GAMES

PLAY WOULD YOU RATHER  
 PLAY I SPY  
 PLAY SIMON SAYS  
 PLAY BOARD GAMES  
 PLAY HIDE AND SEEK  
 INDOOR SCAVENGER HUNT  
 PLAY BINGO  
 PLAY CARD GAMES  
 DO A PUZZLE  
 PLAY CHARADES  
 BUILD YOUR OWN GAME  
 PLAY FREEZE DANCE  
 PLAY HOT POTATO  
 PLAY MARBLES  
 KEEP THE BALLOON UP  
 PLAY DOMINOES  
 PLAY HANGMAN  
 PLAY TIC-TAC-TOE

## EDUCATIONAL

READ BOOKS  
 DO A SCIENCE PROJECT  
 LEARN ORIGAMI  
 LEARN ABOUT A NEW ANIMAL  
 LEARN A NEW CARD GAME  
 LEARN TO SEW  
 LEARN TO KNIT  
 DO BRAIN TEASERS  
 LEARN A NEW LANGUAGE  
 LEARN ABOUT A COUNTRY